



# Blessed

## Week 5: Blessed Are the Merciful, For They Will Be Shown Mercy.

### CCV Groups Discussion Guide

#### OPENING QUESTION:

If you could perform any random act of kindness without limits (no budget, time, or location restrictions), what would you do?

#### GROUPS VIDEO GUIDE

#### READ:

[Matthew 5:7](#)

[Matthew 18:21-35](#)

#### DISCUSS:

1. What is the most extraordinary act of kindness a stranger has ever shown you?
2. What's the difference between mercy and grace, and why is it important to understand both when it comes to forgiveness?
3. Jesus said, "Be merciful, just as your Father is merciful" (Luke 6:36). How can we show mercy even when we feel justified in holding a grudge?
4. James 2:13 tells us that mercy triumphs over judgment. Can you give an example from your own life of how that works?

#### GROUP CHALLENGE:

Who needs for you to be merciful this week? OR who do you need to show you mercy this week? Is there anything you can do to encourage either of these to happen?

#### TAKE HOME QUESTIONS:

**Table Talk** (a question to ask your family or friends over a meal): Is there anyone you need to show mercy to?

**Water Cooler** (a question to ask at work): Do you think showing mercy is a sign of strength or weakness?

## **PRAYER: (Read this over the group)**

St. Faustina Kowalska (1905–1938), a Polish nun, is known as the Apostle of Divine Mercy. Her mystical experiences and devotion to the Divine Mercy of Jesus have inspired millions. She recorded these experiences in her Diary, and from her devotion emerged the Divine Mercy Chaplet and Divine Mercy Prayer. Her prayer focuses on the boundless mercy of God and the call for believers to live lives marked by mercy toward others.

### **Divine Mercy Prayer by St. Faustina:**

*Eternal God,  
in whom mercy is endless  
and the treasury of compassion inexhaustible,  
look kindly upon us and increase Your mercy in us,  
that in difficult moments we might not despair  
nor become despondent,  
but with great confidence  
submit ourselves to Your holy will,  
which is Love and Mercy itself.  
Amen.*

## **SCRIPTURES:**

- **James 2:13**, “Judgment without mercy will be shown to anyone who has not been merciful. Mercy triumphs over judgment.”
- **Micah 6:8**, “He has shown you, O mortal, what is good. And what does the Lord require of you? To act justly and to love mercy and to walk humbly with your God.”
- **Luke 6:36**, “Be merciful, just as your Father is merciful.”
- **Ephesians 2:4**, “But because of his great love for us, God, who is rich in mercy.”
- **Hosea 6:6**, “For I desire mercy, not sacrifice, and acknowledgment of God rather than burnt offerings.”
- **Matthew 9:13**, “But go and learn what this means: ‘I desire mercy, not sacrifice.’ For I have not come to call the righteous, but sinners.”